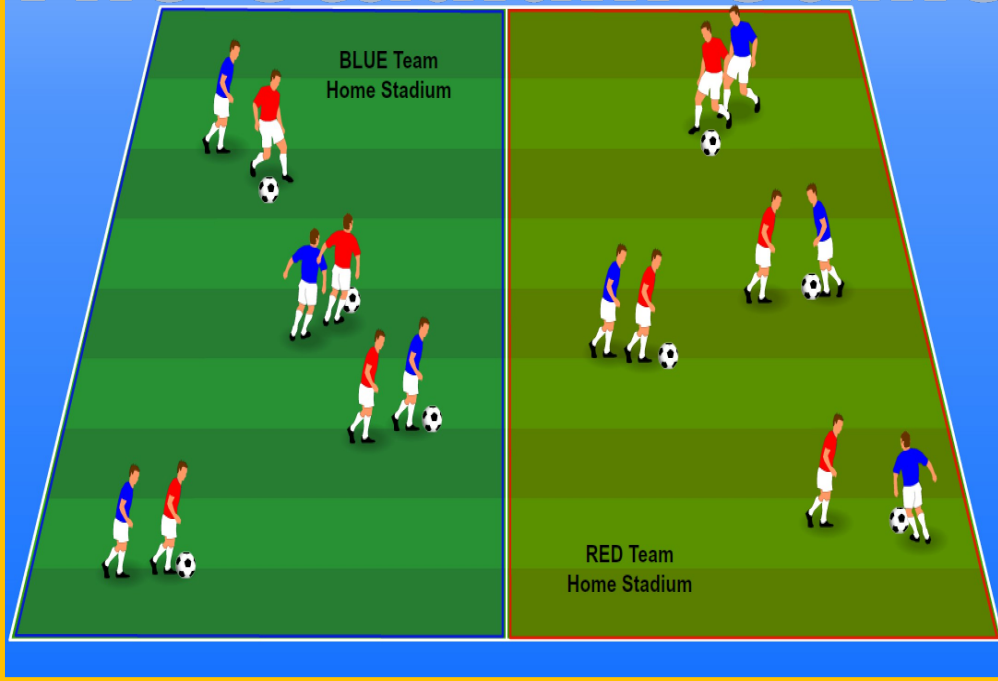


The Stadium Game



Set up

Total Duration = 15 minutes

- Total Grid Size = 30 yards Width x 20 yards Length
- Number of Players = 12 — 16 players, in groups of 2
- Number of Soccer Balls = 1 ball per pair
- Number of Goals = 0 goals

Progressions

- ⇒ Add two gates at center near the sidelines to act as the tunnel for the players to dribble through.

Organization

- The playing field is divided into two grids, one grid is identified as the **BLUE** team's home stadium and the other grid is identified as the **RED** team's home stadium.
- The players are put in partners and then split into two groups with half on the **BLUE** side to start and the other half on the **RED** side.
- On the coach's cue, players will dribble around trying to keep their ball away from their partner. If the partner wins the ball, they are trying to dribble the ball back into their home stadium.
- After 1 minute, the coach will count up how many balls are in each stadium and subtract the scores from each other. That will be the score of the first half of the game.
- Switch up partners if you must even out the skills and start the second half of the game.

Coaching Points

- ⇒ Keep the ball close
- ⇒ Head Up
- ⇒ Accelerate after the skill move