

Set up

Total Duration = 20 minutes

- Total Grid Size = Full width of the field x Half length of the field
- Number of Players = 12 16 players, split into 2 teams
- Number of Soccer Balls = 1 ball
- Number of Goals = 2 big goals
- Extra Equipment = Whiteboard used to show the what each color pinnies' objective is.

Organization

- Split the players into two teams. One team will put on 3 different colors of pinnies, the other team will be the shirts team.
- The players wearing three pinnies will put the pinnies on in a random order. The objective of the game is for one player to lose all 3 pinnies on their team during the game.
- The shirts team is looking to play a normal game with the objective of stopping the other team from losing their pinnies.
- After 10 minutes, switch the teams' roles so that the shirts team puts on the three pinnies and the pinnie team becomes the shirt team.

Challenges

- ⇒ Lose Red Pinnie = Make 3 goal saving tackles
- ⇒ Lose Yellow Pinnie = Take 3 shots
- ⇒ Lose Green Pinnie = Complete 3 passes

Progressions

⇒ Players come up with their own challenges