

Play the Odds



Organization

- Be creative with ways to play with more, less, or the same amount of players.
- Four pitches in one large playing area. Each pitch should be different in size, one pitch can include two goals to increase the challenges.
- Each team will get a total of 5 minutes to attack the goals and score as many goals as possible.
- After that 5 minutes is up, players will switch roles from attacker to defender. Players will get two turns to be attackers and two turns to be defenders.
- Defenders are not allowed to leave their designated pitch. Only one ball is allowed on a pitch at a time.

Set up

Total Duration = 20 minutes

- Total Grid Size = 20 - 30 yards Width x 20 - 30 yards Length
- Number of Players = 12 - 16 players, in groups of 2
- Number of Soccer Balls = 12 - 16 balls
- Number of Goals = Multiple Goals as desired

Challenges

- ⇒ Try to be aware of the situations
- ⇒ Try to press with more players, drop with less players.
- ⇒ Try to drag defenders around when in possession.
- ⇒ Try to ask for help from teammates
- ⇒ Try to move pitches to help teammates whenever