

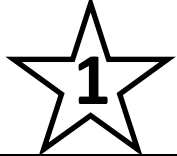
















NAME: _____

How do complete the card

To complete a STAR, the skill must be performed in a competitive game. The game is the real test to see if you have learned this skill. To earn a STAR for the Individual Juggling Homework, video yourself completing the juggling skill to complete the STAR.

Individual Juggling Homework

15 <u>Juggles</u>					
<u>The Rainbow</u>					
Milkshake / Mini Milkshake					

<u>Single Scissor</u>	1	2	3	4	5
<u>Pull Back</u>	1	2	3	4	5
<u>Aerial Control (Laces / Sole)</u>	1	2	3	4	5
<u>V-Cut</u>	1	2	3	4	5
<u>Fake Shot</u>	1	2	3	4	5
<u>Sole Roll (Inside to Outside)</u>	1	2	3	4	5
<u>Rollover</u>	1	2	3	4	5
<u>Cruyff Turn</u>	1	2	3	4	5
<u>Ronaldo Chop</u>	1	2	3	4	5