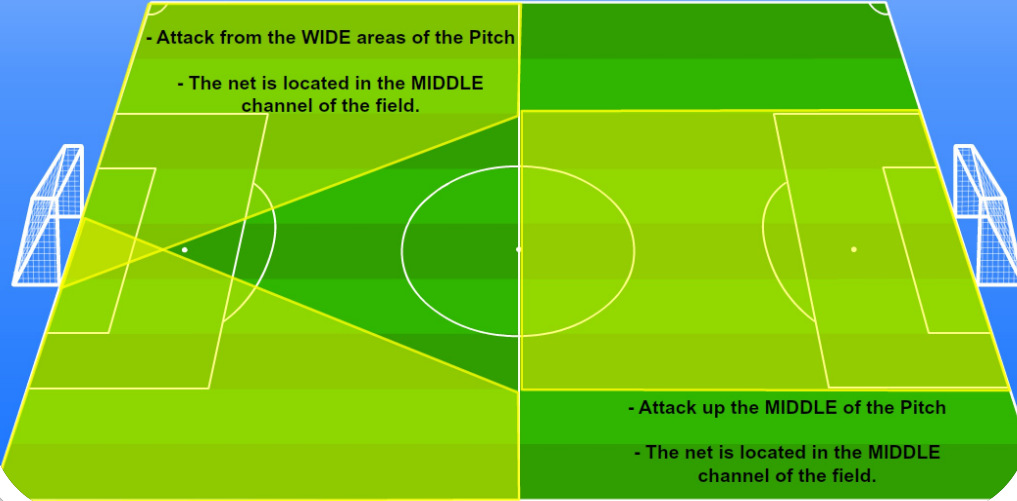
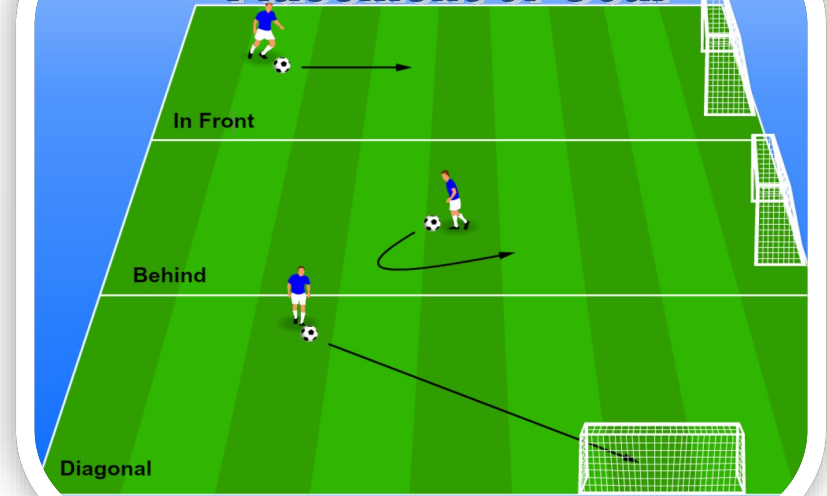


Designing a 1v1 Practice

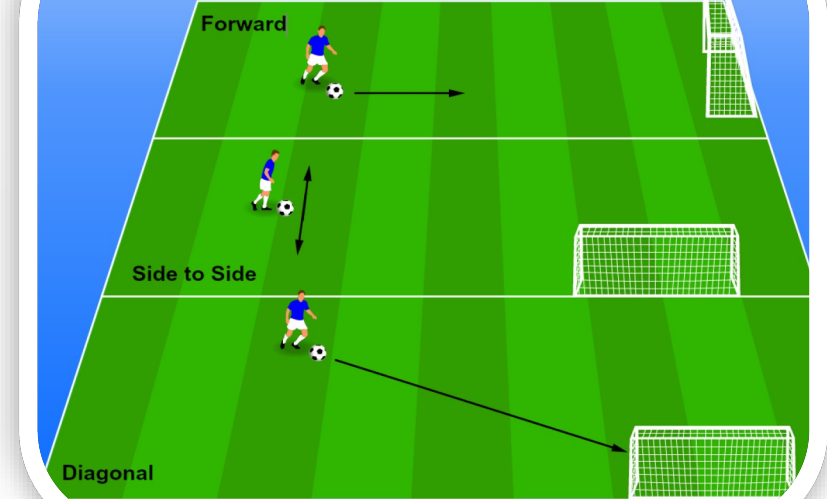
Location of the Net on the Field



Placement of Goal



Direction of Attacker



In Front of the Attacker

Beside the Attacker

Behind the Attacker

Diagonal From the Attacker

- In Front - Beside - Behind

This diagram shows four defender placements relative to an attacker. 'In Front of the Attacker' shows the defender directly in front. 'Beside the Attacker' shows the defender to the side. 'Behind the Attacker' shows the defender behind. 'Diagonal From the Attacker' shows the defender on a diagonal path.

Placement of the Defender

Decision On The Ball

