



U11 Boarded Indoor Information and St. Albert Rule Modifications

U11 teams will follow the same rules of Indoor Soccer as the older age groups with a few modifications which are included below.

- Field Size

Full size field.

- Referees

Yes. Both an on-field referee and a box referee.

- Ball Size

Size 4

- Number of Players on Field

U11- 7 v 7

Game Sheets

Yes.

- Game Scores & Standings

We keep the scores for internal office purposes only

- Game Length

U11 Community: Two 25-minute halves (no extra time at start of game)

- Player Cards

U11 Community: No

Team Official Cards (Coach, Assistant Coach, Manager)

U11 Community & Club: Yes

U11 Player Yellow and Red Cards are issued. Player sits in box for allotted time but then returns to their bench. If a player is yellow carded, they can return to play. If a player is red carded that player cannot play for the rest of the game and must serve the 5 minutes in the penalty box. Once the penalty time is up, they return to their bench for the remainder of the game. The team does not play shorthanded. No further suspensions are issued. Cards will be recorded on the player's file and if an accumulating card pattern is noticed, the EMSA Discipline Committee may choose to call a meeting. 3 | Page If a goalie incurs a time penalty (blue card or yellow) no one serves the penalty. However, if the goalie receives 2 yellows (Red) the goalie, like all players, must be substituted and cannot play the remainder of the game. After a time, penalty the player in the box must wait until a stoppage of play to return to their teams bench.

- Team Official Yellow and Red Cards Team officials can be issued yellow and red cards and suspended as per EMSA rules
- Substitutions Players can substitute on the fly and goalies can be substituted at any stoppage of play as long as the alternate goalie(s) is ready and time is not wasted. At referees' discretion. Referee must be informed of keeper changes.
- U8-U11 Indoor Retreat Line

The Retreat Line will come into effect in the following 3 situations:

- a goal kick
- a free kick to the defending team within their own penalty area (goal area in U9 outdoor games)
- the goalkeeper makes a save and has possession of the ball in their hands

At these 3 restarts the opposing team is required to move beyond the Retreat Line, which is the following:

- A line that is one third of the way down from the goal line. If there is no line, cones off the field can be used. For indoor games the closest defensive zone line will be the Retreat Line.

On a goal kick or free kick, the ball is in play when the first of the following occurs:

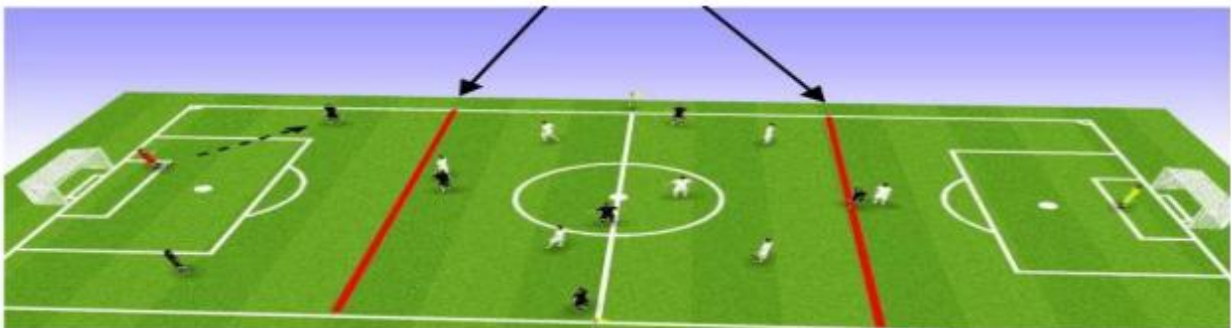
- The ball touches another player from the team taking the restart, apart from the player taking the goal kick or free kick
- The ball stops and has left the penalty area (indoor games and U11 outdoor games)/goal area (U9 outdoor games) from a goal kick or free kick

- The ball crosses the Retreat Line
- The ball goes out of play on a goalkeeper save the ball is in play when the first of the following occurs:
 - The goalkeeper, after making a save, kicks or throws the ball beyond the Retreat Line
 - The goalkeeper, after making a save, releases the ball and it touches another player from the same team. If the ball stops it will be in play.
 - The goalkeeper, after making a save, puts the ball on the ground and more than 5 seconds has passed after putting the ball down on the ground
 - The goalkeeper, after making a save, puts the ball on the ground and dribbles the ball beyond the penalty area
- The ball goes out of play

If an opposing player comes in from the Retreat Line AND interferes with play, the game will be stopped, and the restart will be a free kick to the opposing team from where the player crossed the Retreat Line. For any infraction by the team taking the goal kick, free kick or a goalkeeper save when the Retreat Line Rule is in effect, the restart will be a free kick at the center of the closest Retreat Line (for outdoor games) or the top of the penalty arc for indoor games.

• Retreat Line

At Servus Place the retreat line is marked on 1/3 of the field



Once the attacking players have retreated beyond the Retreat Line, the goalie has up to 5 seconds to release the ball. If not, there is a time violation which will result in an INDIRECT free kick at the top of the arc.

Pass Back

If a defender intentionally passes the ball back to the goalie and the goalie uses their hands, the pass back will be called. The result will be an INDIRECT free kick at the top of the Arc.

Rational- because of the proximity to the net as well as players continually shooting and hitting players in the face and injuries have occurred an indirect free kick will be awarded in these two instances. Spectators are not allowed to enter the field at anytime. This is a space for the players, coaching staff and referees.